

Friday, April 18th, 11.30am ET (4.30pm UTC)
Presentation in Zoom, accessible via the C-STAR website:
<http://cstar.sc.edu/lecture-series/>

Post-Stroke Fatigue and Aphasia: New Insights and Emerging Treatments

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Fatigue is one of the most common and challenging symptoms experienced by stroke survivors. For many, it is not simply about feeling tired—it is a deep, ongoing sense of exhaustion that interferes with thinking, motivation, social participation, and the ability to engage fully in rehabilitation. Despite its widespread impact, post-stroke fatigue (PSF) remains poorly understood and is rarely addressed in routine care.

This presentation will explore the nature, causes, and consequences of PSF, with a particular focus on individuals with aphasia—those who experience communication difficulties after stroke. Although people with aphasia are just as likely to experience fatigue, they are often excluded from research and clinical screening because traditional fatigue assessments rely on language-based self-report. As a result, PSF may go undetected in this already vulnerable population.

We will highlight new research efforts to improve fatigue identification and management for people with aphasia. One example is the development of aphasia-accessible assessment tools, such as the Fatigue Interference and Severity Scale for Aphasia (FISS-A), which captures both the intensity of fatigue and its impact on communication and daily life. Additionally, we will review promising behavioral, cognitive, and neuromodulation-based treatment approaches that may help reduce fatigue and enhance rehabilitation outcomes.

Ongoing studies are beginning to explore how targeted interventions—especially those that combine cognitive and language-based treatment—can support both fatigue reduction and communication gains. Although evidence is still emerging, this work represents an important step toward more inclusive, effective stroke rehabilitation.

This presentation is intended for clinicians, researchers, students, and others involved in stroke and aphasia care. Attendees will leave with a clearer understanding of how to recognize and respond to post-stroke fatigue, particularly in individuals with aphasia.

The online lecture can be followed online from your computer, tablet or smartphone, in Zoom. The zoom link is accessible via the C-STAR website: <http://cstar.sc.edu/lecture-series/>

The watch party for the lecture will be in Discovery, room #140 (915 Greene Street, Columbia, SC)

For more information, or to be added to the C-STAR mailing list, contact Dirk den Ouden:
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